

**SEAGATE FITNESS CENTER & EXERCISE CLASSES
RELEASE AND HOLD HARMLESS AGREEMENT**

I understand and acknowledge that my use of Seagate's on-site fitness center or participation in the exercise classes offered are entirely voluntary and may involve strenuous physical activity. I accept any liability for any injury that I may have in connection with my use of the fitness center or participation in exercise classes offered on site.

I also agree to following consideration of my being allowed to use the fitness center or participation in the exercise classes:

I will not, nor will my assignees, heirs, guardians, or legal representatives make a claim against, sue, and/or attach the property of Seagate Technology LLC, Seagate US LLC, Seagate Technology (Ireland), their parents, affiliates, subsidiaries, officers, directors, employees, and/or agents (collectively, "Seagate") for any sort of injury or death I may suffer in connection with my use of the fitness center or participation in exercise classes offered on site.

I release and hold Seagate and its officers, directors, employees, and agents harmless from liability for any injury or death that I may suffer as a result of, or in any way caused by, use of the fitness center or participation in exercise classes offered on site. I will be responsible for acquiring full knowledge of the proper way to use the equipment and will properly use the fitness center equipment. I will follow all guidelines and rules governing the use of the fitness center or participation in exercise classes offered on site and recognize that my failure to comply with these conditions will result in my disqualification from use of the fitness center or participation in the classes. I recognize that any injury or death that I may suffer as a result of, or proximately caused by, my use of the fitness center or participation in the exercise classes, stems from off-duty activity outside the course and scope of my employment. I have carefully read this agreement and fully understand its contents. I am aware that this is a release of liability and acknowledgment of the risks that I freely choose to undertake and a contract between Seagate and myself.

I am aware that all users of the gym must receive Induction Training prior to using the equipment. I confirm that _____ provided me with Induction Training on the use of the Gym Equipment.

Signature of Employee /Contractor _____

Global ID# (where relevant) _____

Printed Name _____ Phone # _____

Print Manager's Name _____ Date _____